Military & Veterans Services

**Send on:**  Monday, NOV 6

**Topic**: Military & Veterans Services

**Subject line**: “These guys saved my life.”

**Body**:

*This week’s CFC Cause of the Week is Military & Veterans Services.*

**“These guys saved my life.”**

John is 74 years old – a Vietnam Army vet whose wife died four years ago, leaving him heartbroken. That began to change the day he visited a CFC-participating animal sanctuary and stared into the eyes of a horse that had been traumatized by previous neglect and abuse.

“You can’t hide your emotions from them. Their own past suffering seems to make them more in tune with people suffering from trauma,” John recounts. “I can’t explain it, but I can tell you, these guys saved my life.”

Equine therapy programs like this one feature exercises designed to build trust and confidence while healing broken hearts and reckoning with combat-related trauma and other issues.

Charities can offer these services free of charge to veterans and their families thanks to support from donors like us, who give through the CFC.

**Thank our military heroes and their families for their service.** [Donate today](https://cfcgiving.opm.gov/welcome)**.**

Learn more about [Military & Veterans Services](https://givecfc.org/military) and visit the [Virtual Charity Fair](https://givecfc.org/virtual-charity-fair?field_charity_name_value=&field_cfc_number_value=&field_cause_of_the_week_target_id%5B%5D=108&field_charitytype_target_id=All).

A great way to celebrate Veterans Day this week is by making a gift through the CFC.