GIVE STABILITY: **Children & Family Support**

**(*Use this article to promote this cause area in newsletters, publications, and intranet sites.*)**

Children literally are our future. Ensuring their well-being includes many facets: physical health, mental wellness, educational opportunities, extracurricular activities, socialization, and much more. It can be overwhelming to think about everything that goes into raising a well-rounded person, so focusing on a specific, tangible piece of the puzzle can be helpful. For example, research shows that reading to young children three or more times a week promotes language acquisition and is linked with overall success in school, so ensuring families with young children have good books in the home to read is the first step.

CFC-participating charities also connect children with mentors, organize community sports programs, offer after-school tutoring, provide counseling services, implement summer camps, and distribute nutritious food. Awareness programs and educational resources can help youths recognize the dangers of drugs, seek help in violent situations, obtain early job training, and access basic necessities that aren’t always available at home. Hopefully, this critical support intervenes before children can be exploited or trafficked, but charities stand ready to assist even in those horrific circumstances.

**Here are a few examples of how when you GIVE HAPPY through the CFC, you can GIVE STABILITY through charities working in the children & family support cause area:**

* Assist those hoping to expand their families through adoption.
* Host community youth sports programs.
* Install accessible playground equipment so all children can play.

Learn more and GIVE HAPPY today at GiveCFC.org.